

MENU FOR APRIL 21-27, 2024

SUNDAY April 21

BRUNCH

Breakfast Sandwich
on English Muffin
Hashbrown Patties
Scrambled Eggs
Hard-Boiled Eggs
Bacon or Sausage
Hot or Cold Cereal
Choice of Yogurt
Fruit Cup
Assorted Breads



DINNER

Baby Back Ribs
Grilled Chicken
Roasted Potatoes
Corn
Coleslaw
Tossed Salad
Beets
Cottage Cheese
Applesauce
Dessert



MT. ASSISI
PLACE

WEEK 5

MONDAY April 22

BREAKFAST

Scrambled Eggs
Home Fries
Bacon or Sausage
Hard-Boiled Eggs
Hot or Cold Cereal
Yogurt
Fruit Cup
Assorted Breads



LUNCH

Ham Salad on Bun
Turkey Sandwich
Cauliflower
Cheese Soup
Potato Chips



DINNER

Country Fried Steak
Mashed Potatoes
Carrots
Tossed Salad
Beets
Cottage Cheese
Applesauce
Dessert

TUESDAY April 23

BREAKFAST

Pancakes
Scrambled Eggs
Bacon or Sausage
Hard-Boiled Eggs
Hot or Cold Cereal
Yogurt
Fruit Cup
Assorted Breads



LUNCH

Reuben Sandwich
Hot Dogs
Chicken Noodle Soup
French Fries



DINNER

Fettucini Alfredo
with Chicken
Breaded Butterfly
Shrimp
Broccoli
Tomato Wedges
Tossed Salad
Beets
Cottage Cheese
Applesauce
Dessert

WEDNESDAY April 24

BREAKFAST

Cheese Omelet
Scrambled Eggs
Bacon or Sausage
Hard-Boiled Eggs
Hot or Cold Cereal
Yogurt
Fruit Cup
Assorted Breads



LUNCH

Italian Hoagie
Chef's Salad
Beef Barley Soup
Macaroni Salad



DINNER

Angel Hair Pasta
with Meatballs
Sweet Sausage with
Peppers & Onions
Zucchini
Italian Bread
Caesar Salad
Beets
Cottage Cheese
Applesauce
Dessert

THURSDAY April 25

BREAKFAST

French Toast
Scrambled Eggs
Bacon or Sausage
Hard-Boiled Eggs
Hot or Cold Cereal
Yogurt
Fruit Cup
Assorted Breads



LUNCH

Southwest Rice Bowl
with Choice of Meats
& Other Toppings
BLT Sandwich
Potato Soup
Fruit Cup



DINNER

Fried Chicken
Baked Ham
Scalloped Potatoes
BBQ Baked Beans
Tossed Salad
Beets
Cottage Cheese
Applesauce
Dessert

FRIDAY April 26

BREAKFAST

Poached Eggs
Scrambled Eggs
Bacon or Sausage
Hard-Boiled Eggs
Hot or Cold Cereal
Yogurt
Fruit Cup
Assorted Breads



LUNCH

Fried Fish Sandwich
Nicoise Tuna Salad
Mushroom Soup
Onion Rings



DINNER

Baked Salmon
Herb-Baked Chicken
Sweet Potato
Casserole
Peas & Onions
Spinach Salad
Tossed Salad
Beets
Cottage Cheese
Applesauce
Dessert

SATURDAY April 27

BREAKFAST

Waffles
Scrambled Eggs
Bacon or Sausage
Hard-Boiled Eggs
Hot or Cold Cereal
Yogurt
Fruit Cup
Assorted Breads



LUNCH

Pastrami & Swiss
Sandwich on Rye
Turkey Salad
Sandwich
Navy Bean Soup
Potato Chips



DINNER

Cabbage Rolls
Breaded Pork Chops
Mashed Potatoes
Mixed Vegetables
Cucumber Salad
Tossed Salad
Beets
Cottage Cheese
Applesauce
Dessert