

MENU FOR MAY 12-18, 2024

SUNDAY May 12

BRUNCH

Stuffed French Toast
Poached Eggs
Scrambled Eggs
Hard-Boiled Eggs
Bacon or Sausage
Hot or Cold Cereal
Choice of Yogurt
Fruit Cup
Assorted Breads



DINNER

Stuffed Shells
Angel Hair Pasta
Green Beans
Garlic Bread Stick
Caesar Salad
Beets
Cottage Cheese
Applesauce
Dessert



MT. ASSISI
PLACE
WEEK 3

MONDAY May 13

BREAKFAST

Potato Pancakes
Scrambled Eggs
Bacon or Sausage
Hard-Boiled Eggs
Hot or Cold Cereal
Yogurt
Fruit Cup
Assorted Breads



LUNCH

Open-Faced Hot
Roast Beef Sandwich
Egg Salad Sandwich
Vegetable Soup
French Fries



DINNER

Chicken Romano
Baked Cod with
Lemon Caper Sauce
Sweet Potato
Casserole
Peas
Tossed Salad
Beets
Cottage Cheese
Applesauce
Dessert

TUESDAY May 14

BREAKFAST

Pancakes
Scrambled Eggs
Bacon or Sausage
Hard-Boiled Eggs
Hot or Cold Cereal
Yogurt
Fruit Cup
Assorted Breads



LUNCH

Ham Salad on Bun
Grilled Cheese
Sandwich
Navy Bean Soup
Fruit Salad



DINNER

Turkey Tetrazzini
Chef's Salad
Zucchini & Squash
Dinner Roll & Butter
Tossed Salad
Beets
Cottage Cheese
Applesauce
Dessert

WEDNESDAY May 15

BREAKFAST

Western Omelette
Scrambled Eggs
Bacon or Sausage
Hard-Boiled Eggs
Hot or Cold Cereal
Yogurt
Fruit Cup
Assorted Breads



LUNCH

Salmon Burger
w/Mango Aoli
Cobb Salad with
Choice of Dressing
Wedding Soup
Cole Slaw



DINNER

Stuffed Peppers
Country Fried Steak
Mashed Potatoes
Corn
Tossed Salad
Beets
Cottage Cheese
Applesauce
Dessert

THURSDAY May 16

BREAKFAST

French Toast
Scrambled Eggs
Bacon or Sausage
Hard-Boiled Eggs
Hot or Cold Cereal
Yogurt
Fruit Cup
Assorted Breads



LUNCH

Cheeseburger
Turkey Sandwich
Chicken Noodle Soup
Macaroni Salad



DINNER

Baked Ham
Herb-Baked Chicken
Cheesy Noodles
Asparagus
Tossed Salad
Beets
Cottage Cheese
Applesauce
Dessert

FRIDAY May 17

BREAKFAST

Poached Eggs
Scrambled Eggs
Bacon or Sausage
Hard-Boiled Eggs
Hot or Cold Cereal
Yogurt
Fruit Cup
Assorted Breads



LUNCH

Tuna Salad Sandwich
Cottage Cheese
& Fruit Plate
Broccoli Cheese Soup
Ambrosia Salad



DINNER

Baked Haddock
Eggplant Rolatini
Mixed Vegetables
Rice Pilaf
Tossed Salad
Beets
Cottage Cheese
Applesauce
Dessert

SATURDAY May 18

BREAKFAST

Waffles
Scrambled Eggs
Bacon or Sausage
Hard-Boiled Eggs
Hot or Cold Cereal
Yogurt
Fruit Cup
Assorted Breads



LUNCH

Meatball Hoagie
Turkey Bacon
Sandwich
Chicken Rice Soup
Potato Chips



DINNER

Baked Chicken
Breast
Butterfly Shrimp
Stuffing
Carrots
Gravy
Tossed Salad
Beets
Cottage Cheese
Applesauce
Dessert