

# MENU FOR MAY 5-11, 2024

## SUNDAY May 5

### BRUNCH

Cheese Blintzes  
with Berry Sauce  
Poached Eggs  
Scrambled Eggs  
Hard-Boiled Eggs  
Bacon or Sausage  
Hot or Cold Cereal  
Choice of Yogurt  
Fruit Cup  
Assorted Breads



### DINNER

Salisbury Steak  
Herb-Baked Chicken  
Roasted Potatoes  
Green Beans  
Almondine  
Tossed Salad  
Beets  
Cottage Cheese  
Applesauce  
Dessert



MT. ASSISI  
PLACE  
WEEK 2

## MONDAY May 6

### BREAKFAST

Scrambled Eggs  
Cheesy Hashbrowns  
Bacon or Sausage  
Hard-Boiled Eggs  
Hot or Cold Cereal  
Yogurt  
Fruit Cup  
Assorted Breads



### LUNCH

Sloppy Joes  
Chicken Quesadillas  
Bean Soup  
Spanish Rice



### DINNER

Ham, Cabbage  
& Potato Stew  
Baked Fish  
Noodles  
Corn  
Tossed Salad  
Beets  
Cottage Cheese  
Applesauce  
Dessert

## TUESDAY May 7

### BREAKFAST

Pancakes  
Scrambled Eggs  
Bacon or Sausage  
Hard-Boiled Eggs  
Hot or Cold Cereal  
Yogurt  
Fruit Cup  
Assorted Breads



### LUNCH

Assorted Pizzas  
Pittsburgh  
Steak Salad  
Wedding Soup



### DINNER

Breaded Pork Chops  
Chicken Tenders  
Au Gratin Potatoes  
Asparagus  
Tomato, Onion &  
Cucumber Salad  
Beets  
Cottage Cheese  
Applesauce  
Dessert

## WEDNESDAY May 8

### BREAKFAST

Omelet with  
Sausage & Peppers  
Scrambled Eggs  
Bacon or Sausage  
Hard-Boiled Eggs  
Hot or Cold Cereal  
Yogurt  
Fruit Cup  
Assorted Breads



### LUNCH

Hot Dogs  
Grilled Turkey,  
Bacon & Swiss  
Chili  
French Fries



### DINNER

Meat Lasagna  
Eggplant Parmesan  
Garlic Toast  
Zucchini  
Tossed Salad  
Beets  
Cottage Cheese  
Applesauce  
Dessert

## THURSDAY May 9

### BREAKFAST

French Toast  
Scrambled Eggs  
Bacon or Sausage  
Hard-Boiled Eggs  
Hot or Cold Cereal  
Yogurt  
Fruit Cup  
Assorted Breads



### LUNCH

Breaded Chicken  
Sandwich  
Ham & Cheese  
Sandwich  
Potato Soup  
Pasta Salad



### DINNER

Pot Roast with  
Potatoes & Carrots  
Chicken Caesar Salad  
Tossed Salad  
Beets  
Cottage Cheese  
Applesauce  
Dessert

## FRIDAY May 10

### BREAKFAST

Poached Eggs  
Scrambled Eggs  
Bacon or Sausage  
Hard-Boiled Eggs  
Hot or Cold Cereal  
Yogurt  
Fruit Cup  
Assorted Breads



### LUNCH

Fried Fish Sandwich  
Egg Salad Sandwich  
Tomato Rice Soup  
Coleslaw



### DINNER

Baked Haddock  
Chef Salad  
Spinach  
Rice Pilaf  
Tossed Salad  
Beets  
Cottage Cheese  
Applesauce  
Dessert

## SATURDAY May 11

### BREAKFAST

Waffles  
Scrambled Eggs  
Bacon or Sausage  
Hard-Boiled Eggs  
Hot or Cold Cereal  
Yogurt  
Fruit Cup  
Assorted Breads



### LUNCH

Ham BBQ on Bun  
BLT Sandwich  
Mushroom Soup  
Tater Tots



### DINNER

Beef Stroganoff  
Baked Chicken  
Breast  
Buttered Noodles  
Mixed Vegetables  
Seasoned Tomato  
Wedges  
Dinner Rolls  
Beets  
Cottage Cheese  
Applesauce  
Dessert